



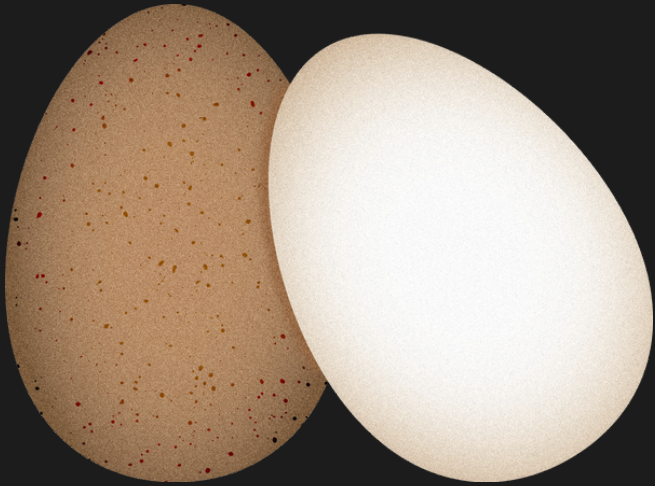
Café Milletzza

Zakpas diet food



B2B GYM AUNDH

DIET FOOD MENU



Boiled Eggs

₹50

1 Plate = 2 Jumbo Eggs
We solely utilise jumbo eggs because they provide us with significantly more protein than regular eggs.

Proteins 15 - 16 gm

Millet Dosa ₹100

Two crispy A4-sized dosas created by using the Evo Chef Automatic Dosa Maker Machine in an exceptionally sanitary manner, topped with coconut oil, and accompanied by freshly prepared coconut chutney and tomato chutney.



DIET FOOD MENU



Sauté Meals ₹ 280

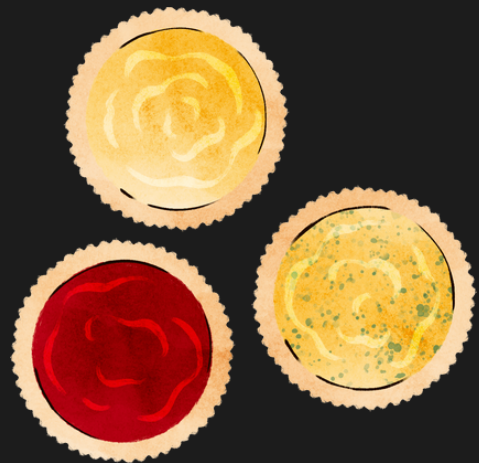
A combination of 100g chicken/paneer and a jumbo egg, sautéed with vegetables in delectable sauces, served on a millet dosa for a flavorful experience.

Protein 27 - 28 gm

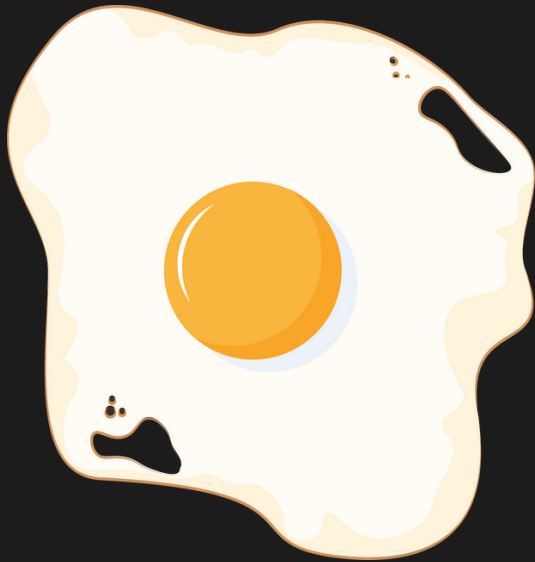
Choice of Sauce

- 1) Singapore Hot Garlic
- 2) Teriyaki Sauce
- 3) Barbecue Sauce

These are for the Sauté



DIET FOOD MENU



Italian

₹170

Omelette

Two jumbo eggs, cooked with a blend of Italian herbs and onions, accompanied by two slices of multi-grain bread. This dish is served alongside a delightful vegetable salad and two chutneys, perfect for dipping.

Protein 14 - 15 gm

Sandwich

₹210

Tender roasted chicken/paneer (50g), paired with a jumbo egg, a refreshing vegetable salad, and two slices of toasted multi-grain bread. The dish is elegantly finished with a dollop of green chutney on top.

Protein 17 - 18 gm



DIET FOOD MENU



Beverages

Hot

Black Coffee	₹ 30
Black Coffee with Coconut oil	₹ 40
Coffee Latte	₹ 30
Masala Tea Single	₹ 15
Masala Tea Full	₹ 30
Sugar Free Tea	₹ 30

Cold

Lemony

Fresh watermelon chunks,
lime juice, salt, chat masala,
along with chilled water.

₹ 40

